#### JSL CHAMPS - PARENTS'

## M E M O R A N D U M

The 57<sup>th</sup> Annual Jefferson Swim League Championship ("JSL Champs") meet is the culmination of the 2023 summer swim team season, bringing together thousands of swimmers and spectators from three divisions and 17 area teams. This Memo is divided into three sections: (I) Overview and Logistics, and (II) Day-of-Meet Procedures, and (III) Attachments (detailed schedule and team locations). We invite you to review it carefully to find all the relevant information you need for a safe, spirited, and fun-filled JSL Champs competition!



# I. OVERVIEW AND LOGISTICS

### TIME/LOCATION

July 28-29, 2023 Brooks Family YMCA www.piedmontymca.org

151 McIntire Park Drive, Charlottesville, VA 22902

Sessions are divided by age group as follows:

Friday am: 11–12 year-olds

• Friday pm: 13-14, 15–18 year-olds

Saturday am: 5- 8 year-oldsSaturday PM: 9-10 year olds

For detailed information, see the "2023 Championship Meet Schedule" at the end of this Memo.

Parking close to the Y is reserved for volunteers, officials and coaches and sponsors, and ADA access ONLY, and requires a JSL parking pass. Non-volunteer parents and spectators can park in and behind the Charlottesville High School Parking lot by the tennis courts. It is a short ¼ mile paved walk from the Charlottesville High School to

Charlottesville High School MLK Performin Parking for Spectators & Guests Walking path to Y is CHS Tennis Col located between tennis courts behind Triangle Trails high school CFD Station 1 **Brooks Family YMCA** Brooks Family YMCA Mointire Little League (250)

the Brooks YMCA. Spectators needing ADA access should park at the YMCA.

JSL parking passes will be checked in the YMCA lot; any cars without a pass will be subject to towing. Volunteers/officials/coaches/sponsors will receive parking pass and map separately from this memo.

#### IN CASE OF EMERGENCY/IF SOMEONE (OR SOMETHING) IS LOST

#### Medical Attention/Lost Child or Family Member

The centrally located front desk in the YMCA main floor lobby is the designated spot for lost swimmers and family members or those in need of first aid. The first aid area is located near this desk, and the Charlottesville Fire Department Rescue Squad will be on hand throughout the meet to provide additional medical assistance as needed.

#### Severe Weather

In the event of thunderstorms, a siren will sound at the baseball fields. Meet attendees will be directed from the Outdoor team areas to either their cars if close by, or into the YMCA gym and/or Community Room. Due to space considerations and Y rules, please bring only your valuables (no coolers, food or drinks other than water) inside.

If severe weather occurs, Spectators will stay on the far side of the divided gym, and will not interfere with Clerk of Course. The pool is grounded; swimmers will continue to swim.

#### **Building Evacuation**

If a building emergency necessitates an evacuation of the YMCA, sirens will sound and *everyone* must leave the building. Volunteers will escort swimmers on deck or with the Clerk of Course to safety, and spectators should follow the guidance of YMCA staff, who will direct them as appropriate.

#### Meet Delay v. Cancellation

In the event a weather or emergency event necessitates the cancellation of the meet, swimmers will be returned to their Team Areas. Otherwise, all swimmers who have checked in with the Clerk of Course should stay with their heats and JSL volunteers until further determinations are made regarding the meet's continuation.

#### **Lost and Found**

During Champs, misplaced items will be taken to the Volunteer Check-in Desk, where they can be retrieved through the end of the meet. Items not claimed will be taken by the Lost and Found Coordinator Sherri Eubanks at 2156 Nahor Manor Rd, Palmyra, VA where they will be kept for 3 weeks, after which they will be donated. Sherri can be reached at 434-960-8171 or fancey6@yahoo.com.

#### WHAT TO BRING/WEAR

Swimsuits, goggles, caps, towels, snacks, additional clothing for sun or warmth, bug spray, water bottles, chairs, blankets, snacks, games, drinks, sharpies. Sharpies are fine for body art but **no body paint** please.

While you may pack your own food, food delivery to the meet is prohibited. Similarly, alcoholic beverages are strictly prohibited and will result in your swimmer's potential forfeiture from the meet. Smoking is not allowed anywhere inside or outside close to the YMCA.

Personal Tents and bug spray are recommended for the grass team area in front of the YMCA.

# SPORTSMANSHIP, CONDUCT, AND RESPECT

JSL volunteers and event staff are responsible for enforcing all rules and regulations to optimize the meet efficiency and safety of all involved. All participants and guests must comply with all rules and directions of event volunteers and staff. Violators risk expulsion from the meet.

#### **ELECTRONIC HEAT SHEET**

Use the electronic heat sheet during the meet to find swimmer events, visit our Sponsors, and view results after they are posted. **Download prior to meet to print out any needed materials.** 

https://www.flipsnack.com/BF6CABDD75E/2023-jsl-championships.html

#### Watch & Go Format for Spectating the Meet

The spectating balcony at the YMCA has a capacity limit of 101 spectators. NO CHAIRS or 'parking' will be allowed on the balcony.

- Spectators will be admitted into the balcony area approximately five minutes (or 3 heats) before their swimmers' events, after which they will rotate of the balcony exit on the opposite end; spectators with mobility issues will be granted more time;
- Spectators will refrain from using inappropriate language or engaging in unruly conduct.
- Any spectators not adhering to the instructions of RMC staff and JSL volunteers will be escorted
  out of the YMCA for the duration of the meet, and risk their swimmer being expelled from the
  meet.

# \*\*Events will be announced through a loudspeaker outside of the YMCA and also via live Twitter feed at twitter.com/jslchamps.

There is a back patio around the back of the YMCA with tables that can be used for viewing into the pool. (Use with caution – the scoreboard cannot be seen from the back patio, nor can speakers be heard.)

#### Conduct Off-Deck

When swimmers are not on deck, parents are responsible for the safety of their children and should ensure that they are not climbing trees, equipment, or engaging in other behaviors that put them or others in harm's way. Alcohol is strictly prohibited, as is smoking near swimmers/team areas; either could result in your expulsion from the meet and your swimmers' potential meet forfeiture.

#### **TEAM AREAS**

Each team will have its own "Team Area," where all swimmers will check in with their coaches upon arrival. In accordance with YMCA regulations, smoking and alcoholic beverages are strictly prohibited. Personal tents are allowed in the team areas. NO SPECTATORS OR SWIMMERS ARE ALLOWED ON THE SOFTBALL FIELDS. Please stay in the grassy areas designated for the JSL teams. In the event of lightning, and per the direction of YMCA/JSL officials, meet participants must leave Team Areas and move indoors to the YMCA gym.

#### **PHOTOGRAPHY**

Photography or video (WITHOUT FLASH) is allowed from the spectator balcony. These ae prohibited behind the starting blocks due to SafeSport regulations. Flash photography is not allowed because it can interfere with the swimmers' starts.

#### General Rules: Team and Pool Areas

The JSL complies with COPPA and USA Swimming regulations regarding the use and sharing of pictures of youth swimmers. The JSL requires that all pictures on JSL digital and social media pages be provided *only* by designated team photo representatives and meet these criteria: directly related to JSL activities and mission; in compliance with USA Swimming rules; free of any licensed or trademarks images or statements; and used only with permission from the photographer/videographer and youth swimmer(s).

#### Specific Considerations for Pool Area

Photography in the YMCA pool area is limited to observers in the stands by spectators, who should only photograph their own swimmer(s); photography by volunteers on deck is not allowed. No flash photography.

If YMCA or JSL officials observe spectators violating these rules, they will be escorted out of the YMCA for the duration of the meet.

#### ANNOUNCEMENTS/LIVESTREAMING

Events and meet-related announcements will be called in two ways: via loudspeaker outside the YMCA and through a live **Twitter feed (twitter.com/JSLChamps)**. Pay attention to all announcements.

Livestream will be available at <a href="https://www.youtube.com/@jeffersonswimleague1242">https://www.youtube.com/@jeffersonswimleague1242</a>.

#### **FOOD & BEVERAGE**

A number of food and beverage options are available for purchase during JSL Champs. Alcoholic beverages are not permitted. For children with selective tastes, please bring snacks and food from home.

#### **Food Trucks at Champs!**

Once again, an excellent line-up of food trucks will be ready to serve you at Champs. Times may vary, but, for planning purposes, below is the trucks' estimated schedule:

#### Friday, July 28 and Saturday, July 29

<u>Buzzing Bee</u> (7:30 am - 6pm) Coffee, cookies, and Chap's ice cream

Otto (11am - 5pm) Mediterranean bowls and wraps; Kids' Bowls (chicken and rice)

Got Dumplings (11am - 6pm) Dumplings and noodles

Little Manila (11am - 2pm) Filipino noodles, tacos, and rice plates

In addition to food trucks, the Kindness Cafe in the lobby of Brooks YMCA will be open Friday and Saturday at various times.

#### **MERCHANDISE**

Swim & Tri will be set up in the YMCA foyer to sell great JSL Champs T-shirts and other awesome swim gear!

# II. MEET PROCEDURES

#### **UPON ARRIVAL**

<u>PLEASE READ the attached "2023 Championship Meet Schedule"</u> to determine your swimmers' arrival time; given potential traffic and parking concerns, plan to arrive early.

Upon arrival, swimmers should proceed to their Team Areas, where they will check-in with their coaches and receive color-coded wristbands with race information; swimmers must wear these wristbands throughout the duration of their swim session. Swimmers without wristbands are NOT permitted on deck.

After team warm-ups, swimmers will return to their Team Areas until their events are called to the Clerk of Course. \*\*6 & under relay swimmers are the exception; because they will be swimming in the first relay(s) of the meet, they will return directly from warm-ups back to the Clerk of Course.

#### **VOLUNTEER ARRIVAL**

Volunteers' arrival times are earlier; please check the attached Meet Schedule to see your arrival time. ALL volunteers will receive a JSL parking pass, which allows them to park in the Brooks YMCA parking lots. A special volunteer lunch is provided for volunteers who work for both sessions in one day.

Please notify volunteer coordinator Tracy Betsworth at volunteer check-in if you will be working both sessions in a day, and she will provide details. If you do not receive a JSL parking pass prior to Champs via the email you provided, contact Tracy at tracy.betsworth@gmail.com.

#### **CLERK OF COURSE**

The Clerk of Course will be located on the bottom level of the YMCA in the gymnasium. Only coaches, official volunteers and swimmers are allowed at the clerk of course. NO PARENTS ARE ALLOWED IN THE

BOTTOM LEVEL OF THE YMCA. *All swimmers* are required to go to the Clerk of Course when their events are called. This includes older swimmers who might be serving as coaches.

**For 6-8 year old swimmers:** Team Leaders will escort these swimmers to the Clerk of Course, where they will be directed to the pool. At the conclusion of their events, these swimmers will be directed to the pool exit, where Team Leaders will escort them back to their Team Areas (or back to clerk if needed).

All other swimmers: While coaches and team leaders will assist in directing swimmers to the Clerk of Course, it is the swimmers' responsibility to timely report to the Clerk of Course and to return to their Team Areas at the conclusion of their events. The meet does not stop and wait for a tardy swimmer.

#### **MEET RESULTS**

Meet results can be viewed in real time on Meet Mobile. The cost for the full version of the Meet Mobile app is \$6.99 per year. In addition, paper results will be posted on the main level of the YMCA and in the electronic heat sheet.

# **SPECIAL THANKS TO OUR SPONSORS!**

Click on a logo to see what they offer

































# 2023 - Championship Meet Schedule at YMCA

# \*\*\*\* **FINAL** \*\*\*\*

#### FRIDAY MORNING 7/28/2023 (SESSION 1)

-	Swimmers on deck ON	Y to swim assic	ned events - DIV	JE OVER STAR	TS WILL BE LISED)
	OWILLING OU GECK OIN	_ i to swiiii assiç	ilieu evelilo - Div	VE OVEN SIAN	13 WILL DL USLD)

8:00AM......Building and Deck open for WORKERS ONLY to finalize set up, etc. 9:00AM......Volunteers arrival – marshals, T-shirt sales, refreshments 9:30AM.....Building opens for swimmers and teams T-shirts, etc. go on sale 9:45AM - 10:45AM......Friday Morning 11-12 warm-ups per schedule & lanes **11:00AM**.....Session 1 starts with the following: All 11-12 BOYS and GIRLS Events to run in following JSL order: (warm-up pool NOT open during events) 5, 6, 15, 16, 25, 26, 35, 36, 45, 46, 55, 56, 65, 66, 75, and 76 1:15PM......APPROXIMATE end of Friday Morning Session (There are NO individual or team awards following this session) FRIDAY AFTERNOON 7/28/2023 (SESSION 2) (Swimmers on deck ONLY to swim assigned events - DIVE OVER STARTS WILL BE USED) All 13-14 & 15-18 BOYS and GIRLS Events to run in following JSL order: (warm-up pool will be open during events) 7, 8, 9, 10, 17, 18, 19, 20, 27, 28, 29, 30, 37, 38, 39, 40, etc. through 80 **6:30PM......APPROXIMATE** end of Friday Afternoon Session ADULT 100Y FREESTYLE RELAY TO FOLLOW COACHES 100Y MEDLEY RELAY TO FOLLOW (There are NO individual or team awards following this session) SATURDAY MORNING 7/29/2023 (SESSION 3) (Swimmers on deck ONLY to swim assigned events - NO DIVE OVER STARTS) 7:15AM......Building opens for WORKERS and VOLUNTEERS ONLY **7:30AM**.....Building opens for swimmers Refreshments set up and T-shirts, etc. go on sale 7:45AM - 9:00AM ....... Saturday Morning 8 & Under warm-ups ONLY as per schedule & lanes **9:15AM**.....Start of Session 3 with the following All 5-6 and 8 & Under BOYS and GIRLS Events to run in following JSL order: (warm-up pool NOT open during events) P1, 11, 12, P21, P22, 21, 22, 31, 32, P41, P42, 41, 42, 51, 52, 61, 62, 1, and 2 \*\* Note that events 1 and 2 are swum last. \*\* **12 NOON......** APPROXIMATE end of Saturday Morning Session (There are NO individual or team awards following this session)

## SATURDAY AFTERNOON 7/29/2023 (SESSION 4)

(Swimmers on deck ONLY to swim assigned events - DIVE OVER STARTS WILL BE USED)

11:45AM	.APPROXIMATE swimmer and volunteer arrival (ARRIVE EARLY to be sure!)		
12:30PM - 1:30PM	. APPROXIMATE Saturday Afternoon 9-10 warm-ups as per schedule & lanes		
1:45PM	APPROXIMATE start of Session 4 with the following		
	All 9-10 BOYS and GIRLS		
	Events to run in following JSL order: (warm-up pool NOT open during events)		
	3, 4, 13, 14, 23, 24, 33, 34, 43, 44, 53, 54, 63, 64, 73, and 74		
4:35PM	. APPROXIMATE end of Saturday Afternoon session		
5:00PM	. APPROXIMATE start of Awards Ceremony for TEAM AWARDS		